

HALL STREET JOURNAL

THE RESIDENCE HALL NEWSLETTER

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The Hall Street Journal (HSJ) - Your weekly guide to what's happening in the halls. The HSJ lists important information about living in the halls, upcoming deadlines, meal plan switch dates and much more. Get in the habit of previewing the HSJ every week so you don't miss out on fun RHA events, tips about campus resources or the Dining Room dinner menu. It's your life, don't miss it.



Looking for Something to do this Week?

Welcome week is a series of activities designed to enhance your educational experience at SDSU by engaging you in various aspects of student life on campus. More than 95 percent of new Aztecs participate in Welcome Week. Make sure you are one of them!

Tues (9/1): Aztec Bash @ State!
Wed (9/2): AS DAY
Fri (9/4): Pool Party

There are a number of events planned for the week, visit www.sdsu.edu/welcomeweek for a listing.



Campus Tip:

Use your ARC Membership

Membership to the Aztec Recreation Center (the ARC) is included in your housing contract. The ARC has so much to offer including: a cardio room with over 90 machines, circuit training, over 8,000 sq. ft. of weight room space with strength machines and free weights, group exercise classes, a climbing wall and much, much more.

Students can also utilize free services, including nutrition counseling, smoking cessation counseling and peer health education.

Visit their Web site at <http://arc.sdsu.edu> to see all of the services that are just waiting for you.

Get Your Parking Permits!

If you haven't picked up your university parking permit you may get a ticket! Parking permits can be purchased at the University Cashiers Office or the SDSU Bookstore, you just need your RedID card. Student permits are \$135, per semester. Students who live on campus must also buy overnight permits so you can park between the hours of 1 a.m. and 6 a.m. Overnight permits cost \$78 per semester. (Purchase both for \$213 per semester.) Hurry and get your permits today, the Parking Office requires permits to be displayed at all times.

Be Water Wise

Think Water Conservation

We'd like to ask all SDSU residents to think water conservation when using water in any of the residence halls. Conservation is important for the San Diego region because of our arid climate, potential for drought and limited local water sources.



Here are a few things you can do to conserve water:

- Turn off the water when you brush your teeth
- Shorten your showers by one or two minutes.
- Wash only full loads of laundry.



Missed Install Fest?

Do you need help setting up your Internet connection? The RezCon staff is here to help! If you missed Install Fest it's not too late to get connected. Visit the RezCon Web site at <http://rezcon.sdsu.edu> for a complete list of instructions or to schedule an appointment.

Dining On Campus

The Dining Room at Cuicacalli Suites is the university's main residential dining facility. This is the only dining hall on campus that provides all-you-care-to-eat service at each meal. The Dining Room is a gathering place for students from different residence halls and is a place where students can make new friends.

DINNER @ THE CUICACALLI DINING ROOM

Monday, August 31, 2009

Welcome to Your Dining Room
Carne Asada Bar (Thinly Sliced Steak, Onions, Avocado, Cilantro, Refried Beans & Rice); Mediterranean Eggplant Stew (w/ Saffron Rice); Sesame Spinach Salmon (w/ Confetti Orzo); Cheese & Pepperoni Pizzas

Tuesday, Sept. 1, 2009

Thai Noodle Bar (Chicken, Shrimp, Tofu, Rice & Noodles); Blackened Chicken (Red Beans & Rice, Green Beans & Mushrooms); Indoor Grill (Burgers, Hot Dogs, Bratwursts & Garden Burgers); Sausage Pizza & Sundried Tomato Herb Pizza

Wednesday, Sept. 2, 2009

Fried Rice Bar (Shrimp, Chicken & Ham); Philly Chicken Sandwich; Roasted Top Round (Homestyle Potatoes, Steamed Fresh Veggies); Penne Pasta (w/ Marinara or Pesto Sauce); Combination Pizza

Thursday, Sept. 3, 2009

Pasta Bar with Meatballs (w/ Crumble Sausage & Assorted Veggies); Curried Chicken (Rice & Vegetables); Steak Fries (w/ Guacamole); Spicy Tofu Steak; BBQ Chicken Pizza & Spinach & Pepper Pizza

Friday, Sept. 4, 2009

Pizza Bar (Make it your way); Cheese Enchiladas (Refried Beans, Mexican Rice); Pita with Hummus and Roasted Eggplant Dip; Homestyle Meatloaf (Mashed Potatoes & Green Beans)

Hours for The Dining Room

Monday - Friday

Breakfast
7:00 am - 10:15 am
Lunch
11:30 am - 2:30 pm
Dinner
5:30 pm - 7:30 pm

Saturday & Sunday

Brunch
10:00 am - 2:00 pm

Meal Plan Changes

The first opportunity for meal plan change is the week of September 14 through 18 (effective September 28th). Look for more information in the upcoming HSJs.

AZTEC NIGHTS

Here's a highlight of what's happening this weekend for Aztec Nights:

Thurs, 9/3 Canoes Carnival
Fri, 9/4 The Race is On
Sat, 9/5 Break a World Record Night
Sun, 9/6 SDSU's Got Game

For a full description of these events visit Aztec Nights @

<http://aztecnights.sdsu.edu/index.php>

Look for info every week in the HSJ!